

GCSE Food Preparation and Nutrition

Unit 1 written paper - 1hr 45 mins to be sat in June 2024 (date to be confirmed nearer time)
50% of final GCSE grade

Students will complete a mock paper in December and in February. Students will need to revise regularly each week from now until the real exam in the summer as there will be no topic lists and anything from the specification could be in the paper. Typically students will struggle with longer answer questions so should practise these types of questions.

Students have access to revision session material on the Google classroom. Session 1 includes advice for Section A of the written paper. Session 2 material includes the specification for the written paper (Section B) which can be R.A.G rated (red, amber, green). Students should then create a plan of what they will revise, when and how up to their mock in December.

How do I know what to revise?

After students RAG rate their knowledge using the specification in the session 2 material on the classroom. They should then make a weekly plan to revise what they DON'T know. Guidance on making a plan up until the next (mock/assessment) is also within the session 2 material slides.

Resources to help with revision:

- **Revision guides** - use the questions for each section rather than just reading. Answers are included at the back of the guide.
- **Mind-maps** based on a topic
- Make revision **flashcards** or purchase them from school (available on Parent pay for £4.50)
- **Exam practice book**. There is a mock paper included and answers are at the back of the book. (available from Parent pay for £4.00)
- **Question bank**. A free resource available via the exam website <https://www.edugas.co.uk/> scroll to bottom of page to access Question bank. Students can create papers based on topics within the spec and mark schemes to practise. (search for subject, level and topic in tags and select questions to add).
- Create own resources such as **flappies** (folded paper cut into strips where there is a question and answer or keyword and description underneath the strip. You can use the cover.write. Check method to revise.
- Use the **digital textbook**. <https://www.illuminate.digital/edugasfood/> Students have access to a login on their Google classroom. This includes **quizzes**, **videos** and exam style questions.
- **BBC bitesize**. Choose GCSE then Home Economics: Food and Nutrition for resources.

There are lots of resources to revise from. Students can mix and match what suits them best for a topic.