



## Key Stage 4 RSE and PSHE Plan

**KS4 Curriculum Intent** - To empower students to create and maintain positive relationships as well as having an understanding of how to reach their personal potential.

### Year 10-11 LTP - RSE, PSHE & Citizenship

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
10	<p>Coping with GCSEs, Recognising health issues and eating disorders Votes for schools School elections</p>	<p>Sexting and Law Sexual Harrassment Contraception Careers and Study skills</p>	<p>Online Grooming Careers &amp; Finance Cancer awareness Mental health, anxiety, Influences of Alcohol, Tattoos and piercings, Drugs and County Lines Votes for schools</p>	<p>Sexual harrassment Pregnancy choices Abusive relationships STIs, Bullying, Hate Crime and Gender Prejudice Votes for schools</p>	<p>Male and female expectations in relationships Pornography, revenge porn, consent, and sexual harrassment, Consent, Partner Abuse, Upskirting Votes for schools</p>	<p>Miscarriage, fertility and abortion Votes for schools Refugee and diversity weeks</p>
11	<p>College Applications and Personal Statements Votes for schools School elections</p>	<p>Contraception Sexual Harrassment Mindfulness Rights and Responsibility Votes for schools</p>	<p>Risk taking Safe sex Pregnancy choices Support services, Stress, Depression and Risk Behaviours Votes for schools</p>	<p>Sexual harrassment in the workplace Self harm/suicide prevention, Stress busting Votes for schools</p>		