Subject Information Page - Health and Social Care

Exam board	Edexcel BTEC Tech award in Health and Social care
Exams	Component 3 Health and Wellbeing
Exam length	2 hours
Content	• Factors affecting health and wellbeing *(physical, economic, environmental, cultural, social, lifestyle, relationship changes)* • Life events and their impact on health and wellbeing *(expected and unexpected events)* • Physiological and lifestyle indicators of health *(Blood pressure, body mass index, heart rate, alcohol, smoking, drugs, diet and exercise)* • Health improvement plans • Person centred care and sources of support *(needs, wishes and circumstances, formal and informal support)* • Barriers and obstacles to accessing support *(physical, sensory, social, cultural, language, geographical, financial and resource barriers, lack of time, lack of resources,unachievable targets, lack of support, psychological obstacles)*
Exam dates	Tuesday 6th May
Equipment needed	Black pen
How can I help?	Asking questions from the prompt sheet Encourage the use of E-revision and question practice in the CPG workbook they have been given
Guidance and useful links	Attend all revision sessions https://erevision.uk/ https://www.tutor2u.net/hsc/reference/btec-tech-award-component-3-exam-paper-walkthrough
Staff contact	Mrs Hayes Head of Health and Social Care