

PSHE programme 2021-2022: promoting Respect, Responsibility, Resilience, Creativity, Compassion and Courage

	7	8	9	10	11
British values	Votes for schools topics. Identity, diversity, multiculturalism, introduction to British values, discrimination, tolerance, community and charity, gender equality, introduction to LGBT+.	Votes for schools topics. Democracy, rule of law, rights and responsibilities, human rights, the murder of Stephen Lawrence, respecting rights, LGBT+ rights around the world.	Votes for schools topics. British values, stereotypes, extremism and radicalisation, prevent, crime and consequences, LGBT+ gender identities.	Votes for schools topics. Government and voting, consumer and employee rights, religious tolerance, LGBT+ and the law, hate crime, gender prejudice, bullying.	Votes for schools topics. Rights and responsibilities after leaving school
Relationships and sex education	Anti-bullying, friendship, attraction, peer pressure and consent, puberty, families, safe friendships and relationships	Changing bodies, consent: what does it mean, introduction to contraception , healthy/unhealthy friendships and relationships, sexual health , social media and relationships, sexual harassment, family breakdown, sharing images and the law	Contraception, pregnancy , managing risks: child sexual exploitation and FGM, consent, domestic violence/ unhealthy relationships, forced marriage, sexting and social media, same sex relationships,	Contraception, STIs, pregnancy , parenting, miscarriage, fertility and abortion, Consent, managing risks: child sexual exploitation, the dangers of sexting, partner abuse, sexuality, pornography, revenge porn and upskirting, relationship break ups.	Risky behaviours
Health education	Mental health and wellbeing, smoking, alcohol, nutrition, personal hygiene, immunisations, introduction to cancer	Mental health and wellbeing, smoking, alcohol, drugs, county lines, FGM/circumcision, personal safety, first aid.	Exercise for a positive lifestyle, mental health and wellbeing, managing change, self-harm, drugs, nutrition, sleep, fitness, cancer awareness, HIV/Aids, Organ donation, online gambling.	Coping with GCSEs, mental health and wellbeing, influence of alcohol on choices, tattoos and piercings, prescribed drugs, drugs and county lines, male and female cancers	Stress busting, managing anxiety, risky behaviours.

All year groups have themed weeks each year including anti-bullying, safer internet week, children's mental health week and diversity week.

Right to withdraw.

From September 2020, you may withdraw your child from sex education* lessons (**but not lessons on relationships or lessons as part of the science curriculum**) up to and until 3 terms before your child turns 16. To do this you must seek permission from the Headteacher. Following a conversation with the Headteacher or Deputy Headteacher, except in exceptional circumstances, the parent's wishes will be respected.

*Sex education includes lessons on contraception, sexually transmitted diseases (STIs) and pregnancy.