



Covid-19 Systems and Procedures

As you are aware, legal restrictions implemented in response to Covid-19 came to an end last week. A letter was sent via Parentmail explaining what this means for staff and students. We will continue to maintain high levels of hygiene and cleaning regimes in school and undertake weekly risk assessments. Should there be a need we will liaise with Public Health England and keep you updated accordingly.



Cleaner vacancy at Windsor

We currently have a vacancy for an evening Cleaner, 15 hours per week, Monday – Friday 4.00pm – 7.00pm. You can find the full details of this role, plus our other vacancies, on our website [here](#).

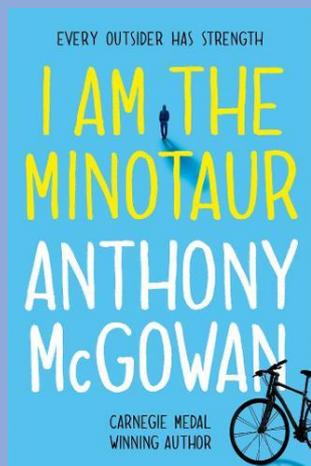
Vaccination Dates/Information

Year 9 Meningitis ACWY & DTP Vaccinations are due to take place on Thursday 24th and Friday 25th March 2022.

You have been sent a Parentmail with the relevant information and a link to the e-consent form for you to complete for your child.

The deadline for completing the e-consent form is Friday 18th March.

Recommended Read



Windsor recognises the importance of reading and to continue to raise the status of reading in school. We have asked staff to share their recommended reads with students and staff.

This week's book recommendation is 'I am the Minotaur' by Anthony McGowan. This is a masterful subversion of a Greek Myth, played out in a modern setting and exploring the relevant themes of mental health and young carers. A good read!

Thank you to the Key Stage 5 Book Club for this fantastic recommendation!

Upcoming dates for your diary

Thursday 10 March	Year 9 Options Evening
Monday 14 March	Assessment Week
Wednesday 23 March	Character Development Day
Wednesday 23 March	Careers Fair Years 9 – 13 (see attached flyer)

Special points of interest:

- **WHSA** – for information about joining, contact Mr Andi Buckley on 0121 550 1452
- **Lost Property** is kept for two weeks. Students are notified of items via the daily message sheet.
- **Uniform:** Sales are now online: <https://www.swischoolwear.co.uk/>

Extra-Curricular Clubs and Activities

We are pleased to, once again, offer a full and varied list of Extra-Curricular Clubs and Activities for our students to participate in.

These clubs will run until at least Easter. A list of the clubs on offer is attached and all clubs are also listed in the extra-curricular section of our website.

Clubs are free and all students are welcome to attend as many clubs as often as they wish. There is no need to pre-register so students can attend whichever sessions suit them, giving them the chance to experience a wide range of new things and discover new interests.

We look forward to seeing as many of our students as possible taking advantage of these opportunities.



Spanish Stars of the Week

Year 7	Teigan H, Logan G, Luca T, Chase C, Tamnia Z, Charlotte S
Year 8	Hope M, Zaavan M, Jada Y, Zaynab C
Year 9	Issy H, Luke D, Lily R, Zachary B
Year 10	Samir A, Ruby R, Lamyh A, Amaan C
Year 11	Liam D, Amy R



French Stars of the Week

Year 7	Hannah C, Jessica S, Bella T, Lilly P, Connie W
Year 8	Crina C, Ben H, Ethan Y, Tyler Y
Year 9	Ben W, Joshua N, Ellie J, Charlie T, Summer W
Year 11	George A, Charlie N, Lawson E



German Stars of the Week

Year 7	Wasim K, Maisie R, Elliot T
Year 8	Owen H, Nehemiah S, Lily P
Year 9	Kenji M, Callum B, Liam B
Year 10	Jasraj H, Tahmeed M, Sophie G
Year 11	Mariah T, Lottie S, Sophie S

Non Uniform Day – Red Nose Day – Friday 18 March

On Friday 18 March we will be supporting Comic Relief. Students can donate £1.00 and wear non-uniform on this day. Clothing should be suitable and appropriate for decency and the weather.

Those students who have PE on Friday will still need to bring their PE kit into school.

Please hand money to your form tutor during AM reg on Friday 18 March.

Thanks, Mr Morley





National Careers Week 7th – 11th March

National Careers Week (NCW) is a celebration of careers guidance in education across the UK and we are getting involved next week here at Windsor!

Look out for a number of opportunities to learn more about Careers in your subjects and throughout PSHE/ form time next week!

There will also be chance to enter Careers themed House Competitions and to attend the NCW Virtual Careers Fair that will be available everyday throughout the week! Find out more about National Careers Week [here](#).



National Careers Week and STEM

Why not investigate the amazingly diverse and interesting careers in science, technology, engineering and mathematics? Visit the STEM virtual careers fayre and discover where STEM can take you. Just click on the virtual stand you would like to visit...

[Illuminating careers](#) - this fair showcases 25 national employers from a wide range of sectors offering career pathways in Science, Technology, Engineering and Mathematics.

[Careers in climate change](#) - this fair showcases career opportunities to continue to develop the green economy across the UK.

[Apprenticeships: Earn while you learn](#) - this fair showcases national employers currently offering apprenticeships across a wide range of sectors.



Teenage Helpline

TEENAGE HELPLINE



The teenage helpline offers support to young people for mental health, relationships and sexuality, internet, education, life skills and careers. There are numerous resources and great tips on here to help with all of these which will benefit students as well as parent / carers. Click on the link below:

<https://teenagehelpline.org.uk/information-and-support/>

The teenage helpline is a fantastic resource to support both parent / carers and students. Their pledge to parent / carers can be found if you click here:

<https://teenagehelpline.org.uk/parents/>

We have created a wellbeing page on our website where we will regularly add support materials for parent / carers to access. Please click the link at the bottom of this article to look at this guidance for mental health concerns.

<https://www.windsorhighschool.org.uk/school-life/student-welfare-and-personal-development/wellbeing/>

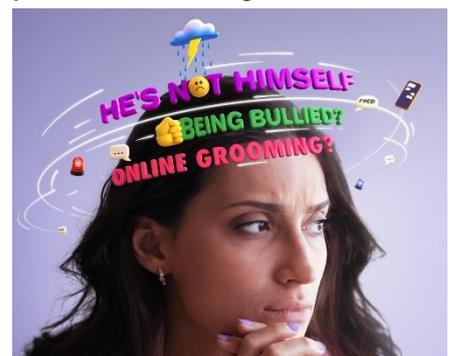
ParentWise – A helping hand for parents and carers

As children get older and more independent, issues that affect them can be harder to spot and deal with. Learning about potential dangers can give you the knowledge and skills to act if there is a problem. It could also help keep your child safe by preventing problems before they happen. You know your child best, so if you've got a feeling something's up – you're right not to ignore it.

The [website](#) highlights key signs to look out for, offers suggestions on what may be the cause and signposts to external support and help. At Windsor we would of course want you to contact us in the first instance so we can help immediately, but this information is also really helpful.

My child is acting differently - It's not always easy to know the difference between typical 'growing up' behaviour and signs that something's wrong. It can be worrying if you notice a change in your child. It could be nothing, but could mean that they need support. Your child may find it hard to tell you, so go with your gut. Here are some of the common signs they identify that could mean your child is facing an issue:

- becoming secretive or withdrawn
- a change in character
- repeatedly feeling 'ill' on school days
- a drop in performance at school or college
- having unexplained money or possessions
- regularly 'losing' lunch money or prized possessions
- suddenly leaving long-term friendship groups to join new ones
- a decline in confidence
- having nightmares or other sleeping problems
- knowledge of adult issues inappropriate for their age





Artists of the week

Just in time for World Book Day, Year 8 have been responding to the "Invisible Cities" tales and creating imaginative responses to the descriptions of Zenobia. They shall continue to add in mark making techniques over the coming week to build in areas of tone and texture.



Artists of the week

Miss Doveys' Thursday y9 group utilised their ipads with great success before half term creating these amazing photos for their theme of Industrial, corroded and mechanical





What's on Kooth in March:

The upcoming Live Forums on Kooth for young people to access during March are as follows:

Friday 4th March – Emotions - Alternative ways to explore and manage

Wednesday 9th March – Speaking up about crime

Monday 14th March – Neurodiversity Celebration Week: All kinds of different minds

Wednesday 30th March – Social Takeover: What makes you, you?!



What's on Kooth in March

Find all of this & much more on [Kooth.com](https://kooth.com)



March 2

Discussion Board

Team Sports to Lift Your Spirits

March 4

Podcast

Showing Racism the Red Card

March 8

Discussion Board

Let's Hear it for the Girls!

March 9

Live Forum:

Speaking Up about Crime

7.30pm to 9pm

March 14

Live Forum

Neurodiversity Celebration Week: All kinds of different minds

7.30pm to 9pm

March 25

Live Forum

LGBTQIA+: We Belong

7.30pm to 9pm

March 4

Live Forum

Emotions - Alternative ways to explore and manage

7.30pm to 9pm

March 14

Live Forum

Neurodiversity Celebration Week: All kinds of different minds

7.30pm to 9pm

March 30

Live Forum

Social Takeover: What makes you, you?!

7.30pm to 9pm

Eating Disorders

Awareness Week

28th February - 6th March

Visit kooth.com to find **free, safe** and **anonymous** emotional wellbeing support.





Self-Injury Awareness Day

1st March



Visit kooth.com to find **free, safe** and **anonymous** mental wellbeing support.

Mindful March

Let's pause, breathe and notice, so we can respond more mindfully.

Mindful March 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



1 Set an intention to live with awareness and kindness

2 Notice three things you find beautiful in the outside world

3 Start today by appreciating your body and that you're alive

4 Notice how you speak to yourself and choose to use kind words

5 Bring to mind people you care about and send love to them

6 Have a 'no plans' day and notice how that feels

7 Take three calm breaths at regular intervals during your day

8 Eat mindfully. Appreciate the taste, texture and smell of your food

9 Take a full breath in and out before you reply to others

10 Get outside and notice how the weather feels on your face

11 Stay fully present while drinking your cup of tea or coffee

12 Listen deeply to someone and really hear what they are saying

13 Pause to watch the sky or clouds for a few minutes today

14 Find ways to enjoy any chores or tasks that you do

15 Stop. Breathe. Notice. Repeat regularly

16 Get really absorbed with an interesting or creative activity

17 Look around and spot three things you find unusual or pleasant

18 If you find yourself rushing, make an effort to slow down

19 Appreciate nature around you, wherever you are

20 Focus on what makes you and others happy today dayofhappiness.net

21 Listen to a piece of music without doing anything else

22 Notice something that is going well, even if today feels difficult

23 Tune into your feelings, without judging or trying to change them

24 Appreciate your hands and all the things they enable you to do

25 Focus your attention on the good things you take for granted

26 Choose to spend less time looking at screens today

27 Cultivate a feeling of loving-kindness towards others today

28 Notice when you're tired and take a break as soon as possible

29 Choose a different route today and see what you notice

30 Mentally scan your body and notice what it is feeling

31 Discover the joy in the simple things of life



ACTION FOR HAPPINESS

Happier · Kinder · Together

Animal Farm House Competition

Well done to the students who took part in the competition to write a review of the play Animal Farm, which Year 8 students went to see last month. House points have been awarded to Hollie in 8L1 and Ethan in 8H1. The winner is Jessica in 8T1 and her fantastic review is below.

The Animal Farm theatre recreation is an absolute pleasure to watch. Life size puppets, which were controlled by the talented and skilled actors, made the performance come to life, making it a really engaging show. The skill of the puppeteers is unforgettable and a joy to watch.

Animal Farm, written by George Orwell, is a story about harmless farmyard animals taking over the farm from Mr Jones, in an attempt to live a life of freedom and equality. However, witty and intelligent pigs, Napoleon, Squealer and Snowball soon use their ability to manipulate the other animals to benefit their personal needs.

Throughout the book, there are hints towards the Russian Revolution, with Old major symbolising Lenin as Lenin was the Father of the revolution, Boxer representing the proletariat because he works hard but receives no reward, and Napoleon symbolising Stalin. These were included in the production, which made it easier to understand the characters traits and personality.

As soon as I sat down in my seat, you could tell that the show was going to be tremendous. Whilst the actors waited for the theatre to fill up, Mr Jones (played by Jonathan Dryden Taylor) walked back and forth across the stage, making the audience engage in the production. As the show started, I realised that the animals were controlled by the actors, who were very talented in the puppeteering side of the show. One thing that I thought was unique was that every time there was a change of season or someone died in battle or treason, information flashed up on the screen above the stage. The most effective part of the show was the change of scene, which was done marvellously through sliding wood panels. Though it may be simplistic, the result was fantastic.

Even though the ending was different to the original book, it was an emotional scene, with Clover telling her child about what an amazing friend Boxer was and the life she had when Farmer Jones was around. As she told her child her fond memories, Napoleon walked across the stage on two legs, wearing clothes, despite the original seven commandments stating 'Whatever goes upon two legs is an enemy' and that 'No animal shall wear clothes'. This result was brilliant.

'The arts should be cherished. This play, in particular, is a must watch.'
- Birmingham Mail



The cast and puppets of Animal Farm

MEDIC MENTOR



YOUR MEDIC FAMILY

Medic Mentor - Medicine, Dentistry and Veterinary free E-Learning Work Experience

Throughout March, Medics will have access to the Obstetrics and Gynaecology session, Dentists will have access to the Paediatric and Surgical Dentistry session and Vets will have access to the Equine Veterinary Medicine session.

Students often struggle when it comes to getting work experience in medicine, dentistry and veterinary medicine. This is why we have created our FREE Virtual Work Experience Programme. This will help them make that informed decision about their chosen career. Once they have completed all sessions they will also receive a certificate which can be used as part of their application to Medical, Dental or Veterinary School.

Medics

Throughout March, applying students in Years 10-13, will have access to Medic Mentor's Free Obstetrics and Gynaecology Virtual Work Experience (MEDWEX) session. This is one session out of 6 separate sessions covering different areas within medicine.

What will students be looking at during the session? In this month's session, they will experience a woman's pregnancy journey, and meet the multidisciplinary team made up of midwives, nurses, and obstetric doctors, who support her every step of the way to becoming a Mum! Held in the state-of-the-art immersion suite at the University Hospitals of Birmingham, they will gain first-hand experience of a midwife booking appointment at the general practice, an outpatient clinic and admission to the delivery suite where one patient goes in and two come out! They will find out about the investigations performed to screen women during the pregnancy to identify pregnancy-related health problems, such as gestational diabetes, and understand how these can be managed to prevent harm to Mum and baby. They will also learn the importance of critical thinking, teamwork, leadership, communication and compassion. Students can enrol by clicking [here](#).

Vets

Throughout March, applying students in Years 10-13 will have access to Vet Mentor's Free Equine Virtual Work Experience (VETWEX) session. This is one session out of 6 separate sessions covering different areas within veterinary medicine.

What will students be looking at during the session? In this session an equine vet covers the fundamentals surrounding equine clinical practice and general horse care. Students can enrol by clicking [here](#).

Dentists

Throughout March, applying students in Years 10-13 will have access to Dental Mentors Free Paediatric dentistry and oral surgery Virtual Work Experience (DENTWEX) session. This is one session out of 4 separate sessions covering different areas within dentistry.

What will students be looking at during the session? Students will get to see a range of both child and adult patient consultations. This includes a possible oral cancer diagnosis, aesthetic solutions and child safeguarding concerns. There will be debriefing sessions of each of the cases. Students can enrol by clicking [here](#)