

As a reminder, all our safety advice, organisational details and information for parents and students can be located in one place in the weekly newsletters section of our website.

<https://www.windsor.windsoracademytrust.org.uk/news-vacancies/weekly-newsletters/>

National Apprenticeship Week 2021 #NAW2021

Next week is National Apprenticeship Week!

The week-long celebration will shine a light on the amazing work being done by employers and apprentices across the country. There are many virtual events and activities available for students, parents and teachers to learn more about apprenticeships. You can get involved in some of the activities below:



- Apprenticeship webinars for students, parents and teachers: <https://www.eventbrite.co.uk/o/workpays-32362741439>
- Young Professionals 'Apprenticeship Talk Sessions' webinar open to years 10-13: <https://www.research.net/r/NAW2021>
- Videos - meet real apprentices: <https://amazingapprenticeships.com/apprentices/>
- Apprenticeship quizzes: <https://amazingapprenticeships.com/quizzes/>
- Parent support newsletter: <https://amazingapprenticeships.com/parents/>

Here is the new weekly PE challenge for Years 7 to 10. Students can record their scores and earn points for their House too.

Weekly PE Challenges!

Are you fit for 2021? Challenge: To complete 4 challenges - will you reach Bronze, Silver or Gold?

Click on the links below for instructions and to record your scores. Good luck! #staysafe #stayactive
Mrs K Jones & Miss L Harris

Year 7 2021 Fit Challenge - Bronze, Silver or Gold?

[Log your results here to test yourself - can you go for Gold?](#)



Year 8 2021 Fit Challenge - Bronze, Silver or Gold?

[Log your results here to test yourself - can you go for Gold?](#)

Year 9 2021 Fit Challenge - Bronze, Silver or Gold?

[Log your results here to test yourself - can you go for Gold?](#)



Year 10 2021 Fit Challenge - Bronze, Silver or Gold?

[Log your results here to test yourself - can you go for Gold?](#)



Year 11 and Year 13 Reports

Year 11 and Year 13 reports are due to be delivered to parents next week.

Due to the current circumstances these will be sent out via ParentMail on this occasion.

They should arrive with you on the 12th February.

Special points of interest:

- **WHSA** – for information about joining, contact Mr Andi Buckley on 0121 550 1452
- **Lost Property** is kept for two weeks. Students are notified of items via the daily message sheet.
- **Uniform:** Sales are now online: <https://www.swischoolwear.co.uk/>

Poetic success from Year 8 English

Over the last few weeks students in Yr 8 have been exploring a range of complex topics in Literature, including conformity, deception and villainy. They have written their own poems in response to their reading and they are simply superb! Here are just two examples for you to enjoy. Well done to Sophie and Emily and all our fantastic poets in Yr 8 for your creativity and self-expression.

Maleficent by Sophie H

Maleficent, the two-horned fairy
Maleficent, she made herself scary
Revenge, Recrimination, Satisfaction is all she wants

Her eyes were as green as light could shine any day
The evil in her movement could throw a wave of silence without any say
Introvert, Brooding, Egoist she just wants to be loved

When she spread her dull, dark, pitch-black wings
Everyone knew she was off to go and pull some more strings.

Mulan by Emily B

Nobody believed that she would be anything more than a Housewife
Nobody thought she would be a warrior
Nobody knew she would fight their battles
Nobody wanted her to leave her for war
She was taking this to pick her path
She was as brave as lion, she was as strong as an ox, she was as loyal as a dog
She was determined
She didn't think that she would do so well
She was a girl who didn't have any support from her family
Was it possible that she really got away with pretending to be someone she's not?



ASPIRE From Home!

Visit <https://sites.google.com/windsor.windsoracademytrust.org.uk/student-and-parent-guidance/aspire> to find ideas and inspiration for how you can be a Brilliant Remote Learner who ASPIRES from home!



Top French Linguists:

- Y7 – Harry P/Thomas/Rithvik
- Y8 – Andreas V/Nicolas V/Hassan Z/Holly D
- Y9 – Anya W/Lily T/William S/Sarah S
- Y10 – Skye C/Sophie N/Lawson E
- Y11 – Alexandria R/Laura S

Well done!

German Superstars in Year 9 this week are:



- 9T2 - Oliver T
- 9Y2 - Millie H
- 9Y2 - Josh S
- 9Y2 - Edee H
- 9H1 - Charlie V
- 9H1 - Regan S

Keep up the great work!

HOUSE COMPETITION



It's so important to keep in touch with family and friends



Receiving a postcard or letter can really boost your mood



Create a postcard or card and take a photo before posting



It can be handmade or digital as long as its your own design

Open to all students and staff!

Email your photo to:

ldovey@windsor.windsoracademytrust.org.uk

by **Friday 12th February**



Spanish linguists of the week:

- Year 7 – Alexa H/Harry G
- Year 8 – Persia C/Renee R
- Year 9 – Leena A/Hayden F
- Year 10 – Toby O/Millie H



Oak National Academy Virtual Library

Every week students can access a FREE book and exciting videos and activities to enjoy at home. A new book will be released each week so keep checking the page! If you do enjoy the book please let your English teacher or Miss Grace know via your Google Classroom.

Happy reading!

The Virtual Library: <https://library.thenational.academy/>

We need each other more than ever right now!

This month let us focus on reaching out to connect with others and doing our best to be a good friend. Our acts of kindness and connection ripple out and impact so many more people than we realise - and they also boost our own happy hormones too! In stressful times, people around us may be feeling the strain, so let us try to keep calm, take time to listen and show compassion.



ACTION CALENDAR: FRIENDLY FEBRUARY 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Send someone a message to say how much they mean to you	2 Ask a friend how they have been feeling recently	3 Do an act of kindness to make life easier for someone else	4 Organise a virtual 'tea break' with colleagues or friends	5 Show an active interest by asking questions when talking to others	6 Get back in touch with an old friend you've not seen for a while	7 Make an effort to have a friendly chat with a neighbour
8 Share what you're feeling with someone you really trust	9 Thank someone and tell them how they made a difference for you	10 Look for the good in people, even when they frustrate you	11 Send an encouraging note to someone who needs a boost	12 Focus on being kind rather than being right	13 Send a friendly message of support to a local business	14 Tell your loved ones why they are special to you
15 Smile at the people you see and brighten their day	16 Check in on someone who may be struggling and offer to help	17 Respond kindly to everyone you talk to today, including yourself	18 Appreciate the good qualities of someone in your life	19 Share a video or message you find inspiring or helpful	20 Make a plan to connect with others and do something fun	21 Actively listen to what people say, without judging them
22 Give sincere compliments to people you talk to today	23 Be gentle with someone who you feel inclined to criticise	24 Tell a loved one about their strengths that you value most	25 Thank three people you feel grateful to and tell them why	26 Give positive comments to as many people as possible today	27 Call a friend to catch up and really listen to them	28 Make uninterrupted time for your loved ones

 "The best way to cheer yourself up is to cheer somebody else up" - Mark Twain

 "The only way to have a friend is to be one" - Ralph Waldo Emerson

ACTION FOR HAPPINESS

www.actionforhappiness.org

Learn more about this month's theme at www.actionforhappiness.org/friendly-february

Happier · Kinder · Together

Safer Internet Day 2021 Top Tips

In readiness for Safer Internet Day, which is on Tuesday 9th February, we have given some information both for parents/carers and students which will be of interest and help keep everyone safe. Students will have the opportunity to test their knowledge in an online test around safe internet usage as well during form time next week.

The full range of activities, information and advice can be found by following the below link.

<https://www.saferinternet.org.uk/safer-internet-day/2021>

Information for Parents/Carers:

Have a look at the tips and links below with some suggestions on how to get you started and help you to stay safe and positive online.

Talk together

Communication is the key to identifying online misinformation....

Talk regularly with your child about how they use technology and where they go for information online. Discuss who they follow, what types of adverts they see, and what stories they find surprising or suspicious. Listening to your child will give you the best possible idea of how you can support them. Not sure where to begin? Have a look at our suggested 'Conversation Starters' for parents and carers.

Set an example

Show your child how you question and evaluate online content....

If you come across a fake news story, or get sent a phishing email, discuss with your child how you spotted it and what you did. Why not ask them for a second opinion? Your child may have already heard about it or seen something similar, and if not, it's a learning opportunity for both of you. Seeing a parent actively question and evaluate online content teaches young people the importance of doing the same.

Think before you share

Fact-check and reflect before sharing content, posts or pictures....

It can be tempting to share surprising or attention-grabbing online content with your child or your family group chats, but make sure to fact-check these links before you do. As it's come from a parent, some children may believe it without questioning it, and older children may find it difficult or awkward to point out if it is false or misleading. This is another chance to set a good example in how to share information responsibly online.

Check in with your child

How does misleading information they see online make them feel?

False and misleading content online can be upsetting and confusing, e.g. harmful claims that target specific groups, or unhealthy lifestyle tips. Young people may feel powerless when faced with the amount of unreliable content they see. Regularly check-in with your child about their online life and ask them how what they see makes them feel. This is an issue that affects all of us. Reassure your child that you are there to talk about things that upset them and to support them with how they feel.

Seek help and support

Ask other parents how they address misleading online content....

Just as we ask young people to talk about what they are unsure of, make sure you do too! Chances are that you'll find other parents or carers who are trying to figure out how to help their family avoid false information and get the most out of the internet.

Find out how to get more support by visiting [Childnet's 'Need Help?' page](#). You can take steps to support your child online by using features such as making a report on a range of apps, games and services, and using privacy settings on social media.

Information for Students: Top Tips for 11 – 18s

Safer Internet Day 2021 is being celebrated around the world on Tuesday 9th February 2021. The global theme is 'together for a better internet' and this year in the UK we are putting the focus on how young people can tell fact from fiction, and work together to create an internet we trust. Everyone has their part to play in making the internet a better place, including you!

Have a look at the tips and links below with some suggestions on how to get you started and help you to stay safe and positive online:

Question the source

Can you confirm online information by using other websites?

Checking the source can help you make a judgement on whether the information they are sharing is trustworthy. Consider where the information has come from and if you know the person or company sharing it. This could give you a reason to be suspicious or to feel that you can trust it. Can you find the same information somewhere else? The more sources that say the same thing, and the more reliable those sources, the more likely it is that the information can be trusted.

Fact or opinion

Always check whether there could be another side to the story...

Take the time to examine the information you see online and compare it to what you already know about that topic. Do you know enough to decide whether to trust it? If not, then do a little more research to find out more. Think about what the information is telling you and look for facts or quotes to support the argument. Is an opinion being presented as a fact? Be aware that a lot of what we see online is other people's opinions and that there could be another side of the argument. Remember that opinions you see online are just that, you do not have to follow them and your opinion is just as important. If the viewpoint of the writer is very clear this could be a sign of bias.

Is it too good to be true?

Understand the motives behind the content you see online...

Think about the reasons behind the things you see online and why they are there. If a celebrity is promoting a product it is likely that they are being paid to do so. Understanding the motive behind the things you see online can really help you to decide what to trust. Look at the way the information or products are presented. Are you being sold something? Is someone trying to change your mind? Reviews can be useful but they cannot always be trusted. It has been known for people to write positive reviews of items to boost sales. Be sure to think about what you already know before you trust something online. Remember that if something looks too good to be true it probably is.

Check with your friends

Discuss, research and evaluate online information with people you trust...

If you are suspicious or not sure about something you see online talk to your friends for a second opinion. You might not all agree but it can be really useful to share your knowledge and talk it through. One of your friends may have taken the time to research it further or have some useful experience in this area. Ask your friends what they think. Do your friends think this is trustworthy or not? Find out what your friends know about this too. You can also work together to think about other people or sources that will help you to decide.

Talk it through

Work with adults to identify and stop misleading or unfair content...

It can be hard to know what to do about false or misleading content online, but if you see something misleading, upsetting or worrying online then speak to a trusted adult. This is an issue that affects everyone – talking it through with someone who supports you can help you feel less alone. Even if you don't know all the answers, together you could take some small steps like making a report, and letting others know not to share it on. Do you think what you're seeing is misleading or unfair? Has something been presented in a way to deliberately create hatred and anger? Is it upsetting or worrying? These are all things to look out for and talking them through with an adult can help.