

Windsor News and Information



Website: www.windsor.windsoracademytrust.org.uk

15th January 2021 Issue: 17

As a reminder, all our safety advice, organisational details and information for parents and students can be located in one place in the weekly newsletters section of our website.

<https://www.windsor.windsoracademytrust.org.uk/news-vacancies/weekly-newsletters/>

As you are aware we launched Class Charts with Parent / Carers in December.

Class Charts is a fantastic interactive software package that will integrate into daily school life. It will enable you to fully engage in your child's learning each day. This is particularly important now with remote learning in place for students. Class Charts will automatically notify you on a daily basis whether your child is engaging with their live lessons, remote learning and any rewards given.

In December, your child was given instructions needed to create your parent account which can be completed online via the ClassCharts website <https://www.classcharts.com/parent/login> or directly via the APP (which can be downloaded from your APP store).

Parent Guide and further information can be found on our website by clicking the link below:

<https://www.windsor.windsoracademytrust.org.uk/parents-students/classcharts/>



If you need a Parent Code please email this request to info@windsor.windsoracademytrust.org.uk providing the name of your child(ren) - we will then email the code to you.

If you have any questions please contact us on the above email address.

Vaccinations

The vaccinations list below have been postponed due to the current lockdown.

As soon as we have further information we will communicate this with you.

Year 9 (2nd HPV) on 28/1/21

Year 10 (DTP/Men) on 27/1/21 and 3/2/21

February Btec exams cancelled

The government have taken the decision to cancel the Btec exams that would have taken place in February.

The following two exams will **not** take place:

Btec Enterprise exam for year 10 students - Monday 1st February.

Btec Health and Social Care exam for year 11 students - Friday 5th February.

Ten keys to happier living!

GREAT DREAM

- GIVING** Do things for others
- RELATING** Connect with people
- EXERCISING** Take care of your body
- AWARENESS** Live life mindfully
- TRYING OUT** Keep learning new things
- DIRECTION** Have goals to look forward to
- RESILIENCE** Find ways to bounce back
- EMOTIONS** Look for what's good
- ACCEPTANCE** Be comfortable with who you are
- MEANING** Be part of something bigger

Dudley Green Monday

The third Monday in January is known as Blue Monday and is claimed to be one of the most depressing days of the year. **But not this year, we have had enough of feeling blue!** We want to banish Blue Monday by turning **Dudley GREEN!** Green is the international colour for mental health awareness and is also the colour of optimism, new beginnings and hope.

The pandemic has brought the community together from clapping for carers, displaying rainbows in the windows and volunteering for neighbours and the vulnerable. We want to celebrate Dudley borough's community spirit and the start of a new year by turning Dudley **GREEN.**

How to get involved in Green on Monday 18th January

- Wear green clothing or a green ribbon.
- Change your social media image to incorporate the green ribbon.
- Share supportive mental health messages on social media.
- Discuss ~~Blue Monday~~ **Green Monday** with your family and friends
- Display a picture of a green ribbon in your windows -download your printable poster from <http://lets-get.com/healthy-lifestyles/mentalwellbeing/blue-monday-turning-dudley-green/>

The Five Ways to Wellbeing

1. Connect - There is strong evidence that indicates that feeling close to, and valued by, other people is a fundamental human need and one that contributes to functioning well in the world.

- Talk to a friend
- Join all of your live lessons
- Join a team or a group (there are always lots of free opportunities in school / college)

2. Be active - Regular physical activity is associated with lower rates of depression and anxiety across all age groups. Being active doesn't need to be particularly intense for you to feel good - slower-paced activities, such as walking is just as beneficial. Walking is a great way to get moving, clear your mind and get some fresh air.

- Walk around your neighbourhood
- Complete your PE lesson / challenge or a Joe Wicks workout
- Dance (any style you like!)

3. Take notice - Studies have shown that stopping and taking notice can directly enhance your well-being. Take some time out during your day to notice and enjoy the environment around you.

- What do you see when you are walking?
- What do you see look outside your window?

4. Learn - Learning something new has been strongly associated with higher levels of wellbeing. Why not learn something new today?

- Read a book.
- Research something that you are interested in.

5. Give - Research suggests that people who take time to help others are more likely to rate themselves as happy.

- Help someone with a task.
- Share your smile.

Remember that a huge number of staff are still here to support you. You can email staff or call the school to talk to someone if you need to, including class teachers, form tutor, Head of House, Mr Jackson, Mr Buckley or Mr Morley to name a few.



Protecting our community from Covid-19

It remains important that you and your family continue to be very careful and if anyone in your household/support bubble displays symptoms of Covid-19 (high temperature, new continuous cough and/or loss of taste or smell) that they isolate and book a test immediately. You can book a test by calling 119 or visiting www.nhs.uk/coronavirus.

Attendance

If they are eligible to attend school currently, please do not send your child to school if they or anyone in your household/support bubble has any Covid-19 symptoms and tell the school if your child tests positive for Covid-19. Self isolation is also needed if anybody in the household is waiting on a test result. By isolating, you are limiting the contacts that you are creating and therefore reducing the spread of Covid-19 in our community.

If they are working remotely but are ill and unable to complete their work we would still appreciate it if you could notify us on the main school number 0121 550 1452 and we will inform their teachers so they will not list them as not engaged in their remote learning.

Reporting positive Covid-19 cases during partial school closure

We still need to know if any members of our community test positive for Covid-19, whether they are in school or not. Can I ask that you continue to inform us if your child tests positive by using this link <https://forms.gle/CpXhswMyRE3NtJng7> and complete as much information as possible in the google form. This will ensure we know who has tested positive and maintain accurate records.

Weekly PE Challenges!

Here is the new weekly PE challenge for Years 7 to 10. Students can record their scores and earn points for their House too.

Are you fit for 2021?

Challenge: To complete 4 challenges - will you reach Bronze, Silver or Gold?

Click on the links below for instructions and to record your scores...good luck! #staysafe #stayactive
Mrs K Jones & Miss L Harris

Year 7 2021 Fit Challenge - Bronze, Silver or Gold?

[Log your results here to test yourself - can you go for Gold?](#)



Year 8 2021 Fit Challenge - Bronze, Silver or Gold?

[Log your results here to test yourself - can you go for Gold?](#)



Year 9 2021 Fit Challenge - Bronze, Silver or Gold?

[Log your results here to test yourself - can you go for Gold?](#)



Year 10 2021 Fit Challenge - Bronze, Silver or Gold?

[Log your results here to test yourself - can you go for Gold?](#)

Keeping your child safe online

As we find ourselves with lots of children learning remotely online once again, I wanted to share advice and guidance on how you can keep your child safe online.

The link below offers advice on talking to your child about online safety, parental controls and common issues, whilst also offering some safety tools to parents.

<https://www.saferinternet.org.uk/advice-centre/parents-and-carers>

Spanish linguist of the week.
Well done!

Y7: Rhys S / Laaiba J
Y8: Renee R/ Hamza S
Y9: Eva C / Nikita S
Y10: Ella B/ Jack T



School safety measures and Lateral Flow Testing

We continue to ensure our school is a safe environment for all as we continue to operate a wide range of safety measures such as year bubbles, social distancing, hands, face, space, face masks and good ventilation to name a few. We will soon also be able to offer Lateral Flow Testing in school.

These tests are to detect asymptomatic cases only. Anyone with symptoms such as loss of sense of smell or taste, a temperature or continuous cough should not attend school and should book a PCR test by following this link <https://www.gov.uk/get-coronavirus-test> or dialling 119.

These highly effective tests offer those students and staff who wish to, the opportunity to take a simple and quick test with results available in just 30 minutes.

We have set up a testing area with individual booths and have a team of fully trained staff ready to help us ensure Windsor is a Covid free environment.

Consent forms have been sent out via ParentMail. The form must be completed if an individual wishes to take a test. This is a completely voluntary test with no obligation to take one. It is also painless and simple for students at secondary school to self-administer before our highly trained team will complete the testing process. Training has been completed in association with the NHS and supported by our local school nurse.

One of the significant benefits is that students identified as a close contact of someone with Covid-19 in school will have the choice to self-isolate or to attend school and take a test each morning for 7 days to ensure they are negative and therefore safe to be in school/public. More information will follow in due course.

Thank you to everyone in the community who are taking all the appropriate actions to keep themselves and others safe and for all the positive messages we have had from parents and carers who recognise and appreciate the efforts of key workers including those working in schools.

Mr Morley



Anti Bullying

We all work together at Windsor to help with any problems you may have in or out of school. If you wish to contact us, you can use the SHARP system to report any concerns you have. You don't have to leave your details if you don't want to.

Please take the time to look through the pages (on the link below or google Windsor Sharp System) and if you feel that you can help to keep our school a safe, friendly and fun place to be you can get in touch using the link.

This is a CONFIDENTIAL way to stop YOU or a FRIEND or SOMEONE you have seen SUFFERING.

Windsor SHARP System - <https://windsor.thesharpsystem.com>

You can view our twitter feed directly from the school website to catch up with all the latest news, celebrations and successes or to follow us on twitter directly it's @windsor_tweets

