

Windsor News and Information



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12th May 2023 Issue: 30



- Tuesday 16th May - Year 9 HPV Second Dose
- Thursday 18th May - Year 10 Parents Evening
- Monday 29th May to Friday 2nd June - Half Term

Activities Week (17th – 21st July) – Climbing Wall

As part of Activities Week 2023, a Climbing Wall will be onsite for use by those students who are participating in the Windsor Project.

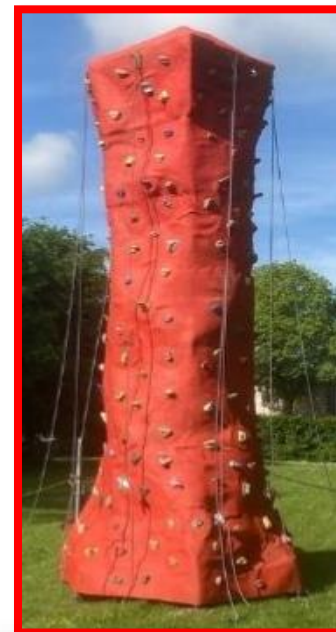
There is no cost involved in this activity which will be provided by Redpoint Climbing Centre and fully supervised at all times.

All students wishing to use the Climbing Wall in their allocated group will require a fully completed Consent Form.

It is crucial that all students have a form fully completed on their behalf even if you do not wish them to use the Climbing Wall.

Consent Forms have been issued via Parentmail. Thank you to those who have already completed this form. If you have not already done so, please complete and submit the [Consent Form](#) to indicate **whether or not you agree to your child participating in this activity.**

Please note that students without parental/carer agreement will be unable to use the Climbing Wall.



As forms regarding the climbing wall were due to be returned no later than 17th April, please submit the form via Parentmail as soon as possible.



Activities Week and Pledge Week Payments



As we move closer to Activities Week and Pledge Week it is important that all payments are up to date. Please check your Shop on Parentmail to ensure that payments for your child's activities are up to date.



All trips and activities must be fully paid no later than the end of May.



If you have any queries regarding the completion of the climbing wall form, are unable to access Parentmail or have any payment queries, please contact Mrs Edwards.

Reminder: HPV Second Dose Vaccination – Year 8

The Year 8 HPV second dose vaccinations will take place on Monday 5th June.



Special points of interest:

- **PTA** – for information about joining, contact Mr A. Buckley on 0121 550 1452
- **Lost Property** is kept for two weeks. Students are notified of items via the daily message sheet.



The poster attached to this newsletter contains tips and information on the potential risks of the app called 'Telegram' – an instant messaging app that is a popular alternative to the likes of WhatsApp and Facebook Messenger. In some countries it's overtaken those to be the most used messaging app. However, Telegram is no stranger to controversy and has occasionally been made unavailable for download in some nations (including the UK).

There are many reasons for these suspensions, but the primary trigger for authorities' concern has been that Telegram's robust encryption, all too often encourages the app's use as a conduit for extremist political material and illegal sexual content. Please visit: nationalonlinesafety.com for more information.



May's Online Support Suggestion



Please click on the below link to take you to the Time to Change resources.

Let's end mental health discrimination.

www.time-to-change.org.uk

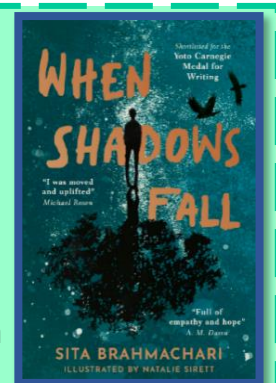
We have created a wellbeing page on our website where we will regularly add support materials for parent / carers to access. Please click the link at the bottom of this article to look at this guidance for mental health concerns.

<https://www.windsorhighschool.org.uk/school-life/student-welfare-and-personal-development/wellbeing/>

Recommended Read

Windsor recognises the importance of reading and continues to raise the status of reading in school. This week's recommendation is from the Student Carnegie Award Shadowing Club. The book is called 'When Shadows Fall' by Sita Brahmachari.

A touching yet unflinching examination of loss and self-destruction. Brahmachari's powerful young adult novel finds Kai's friends desperate to save him from falling in with the wrong crowd.



YuGiOh! Club – It's time to duel!

You've activated my Trap Card! - Put your duelling abilities to the test in Mr Hamilton's YuGiOh! club. Bring your own decks and compete against each other before your soul gets sent to the Shadow Realm.

Running every Tuesday after school in D5 from 3:20pm to 3:50pm for all years.

We believe that going online should be a positive experience for all children. But the internet can be a difficult place for them to navigate. It can be hard to know the real from the fake, how to avoid seeing negative content, or what to do if a mistake is made. That's why we've launched our positive online habits – six top tips to help your child feel good about how they use the internet. These tips can help you to start a conversation with your family about online wellbeing, so you can all feel informed, confident and happy during your time online.

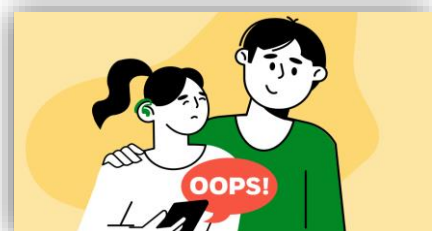
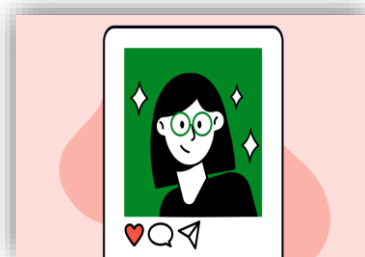
NSPCC Six tips to improve your family's online wellbeing

1. Screen - time savvy – Spending less time on screens is a great way to improve wellbeing both online and offline. Try setting some limits and boundaries surrounding screens and make use of the wellbeing settings on apps such as Instagram and TikTok, or on your devices.



2. Navigate the negative – Children can see things online that make them feel upset, angry or can cause low self-esteem. If this happens, encourage them to mute or block accounts that do this. They can also settings to block words, phrases, or posts they don't want to see. Encourage them to make their online space a positive one!

3. Seeing is believing – Remind your child that not everything they see or hear online is true. Encourage them to regularly question what they're viewing. This includes content that might be making them feel bad about themselves, or like they're missing out. If this does happen, you could talk to your child about filters, edited images or the fact that people usually post about the best bits of their lives rather than the boring bits.



4. Mistakes happen – If your child makes a mistake online - getting into an argument or sharing personal information, be understanding. You could use this mistake as a learning opportunity! This is part of building digital resilience, which will help you all feel better.

5. Take the lead – Your children look to you as an example. Make sure you're acting on your own online wellbeing advice – doing things like taking breaks and not engaging with negative content.



6. Get chatting – Have regular chats with your child about what they like doing online and how it makes them feel. Don't forget to talk about the positives and the negatives of being online, and really listen to your child.

 UNIFORMD Pre-Loved Uniform  UNIFORMD

Due to our successful pre-loved uniform collaboration with UniformD Marketplace – we are asking parents/carers to consider donating any clean school uniform that no longer fits your child. Please ensure that the uniform is in a clean and acceptable condition, name tags have been removed and that a size is visible for the item. Donated uniform can be brought into school reception.

Scientist of the Month (April)

Below is a list of students who excelled in Science in April. They were nominated by their teachers and received a certificate from them. Well done to all the students listed below.

Year 7

Nominated by Mr Dasour: Olivia M, Tatyana V, Harry L, Harry S

Nominated by Ms Cox: Oliver H, Serena S, Amgad A, Akarsha P

Nominated by Ms Thomas: Jessica G, Louie E **Nominated by Mr Golding:** Evan H

Nominated by Miss Hopkinson: Layla S, Jan L, Shannon F, Josh M



Year 8

Nominated by Mr Dasour: Megan M, Callum R, George P, Ronnie H, Liam L, Ibrahim A

Nominated by Mrs Harper: Eliza B, Sophie T, Rosie L, Wasim K

Nominated by Ms Thomas: Lily F, Faegen W **Nominated by Mr Golding:** Harry P

Nominated by Miss Hopkinson: Josh M, Helena FB

Nominated by Ms Cox: Harry C, Angie W



Year 9

Nominated by Mr Dasour: Katy M, Jack B, Alfie W

Nominated by Ms Cox: Dylan H, Lily S

Nominated by Miss Hopkinson: James H, Ethan Y

Nominated by Ms Thomas: Lilly P, Lexie W



Year 10

Nominated by Mr Dasour: Kian M, Regan C, Amelia S, Sophie M, Charli F, Lewis W, Shakira P, Connie H, Chloe S, Libby H, Teigan-Leigh J

Nominated by Ms Cox: Paige O

Nominated by Mr Golding: Ellis C

Nominated by Mrs Harper: Rennay W-B, Jack O'N

Nominated by Ms Thomas: Jessica F, Emily W, Noah S

Year 11

Nominated by Mr Dasour: Jeremy C, Ewan S

Nominated by Mr Golding: Ella H

Nominated by Miss Cooper: Christian P-H

Nominated by Mrs Harper: Maysoon A, Curtis H, Alfie E, Laura C, Kimberley G, Dylan C



Year 9 Dudley, Stourbridge and Halesowen Schools Athletics Competition - 10th May at The Dell Stadium



★ Congratulations to the Year 9 students who represented Windsor at this year's athletics competition. There were 13 track and field events, with both the boys' and girls' 4 x 100m relay teams getting through the heats to take part in the final and both teams finished fourth. ★

Special mentions go to: Jack S who qualified for the 100m final. Harry T qualified for the 200m final finishing third. Hirah A qualified for the 100m and 300m finals. Jack L finished second in the 400m final. Daisy D finished second in both the 800m and High Jump. Joe W finished second in the Javelin. And congratulations to Joe H who won the boys High Jump competition and now has the opportunity to take part in the West Midlands School Athletics Competition at the Alexander Stadium on June 10th. Good luck Joe!

Girls Team: Hirah A, Corina C, Daisy D, Narmin Q, Amelia R, Alyssa S and Alisha S.

Boys Team: Jack S, Harry T, Jack L, Jack A, Joe H and Mohamed D.



Well done to everyone involved! - Mrs Rhooms and Mr Brooks

