

Windsor News and Information



Website: www.windsorhighschool.org.uk

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COVID-19 and Teen Mental Health - Advice for Parents

For many teens, COVID-19 meant missing out on some of the biggest moments in their young lives, with school closed and social events cancelled. Months in lockdown also meant a rise in cyberbullying and body dissatisfaction as teenagers spend more time on social media.

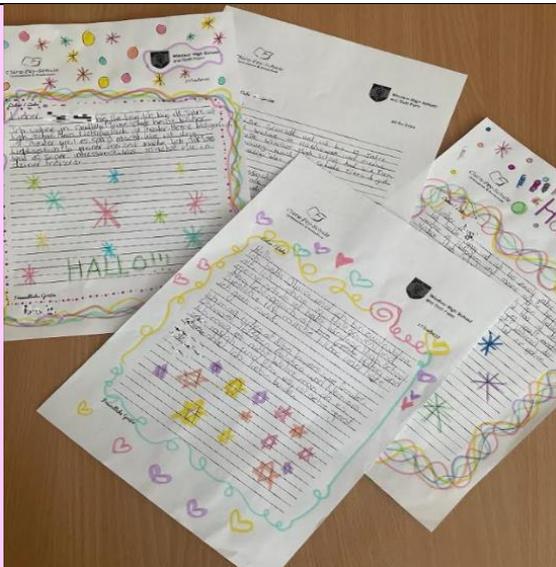
My Tutor has come up with a guide containing useful tips and advice for parents to help their teens overcome body image issues, academic anxiety, peer pressure and cyberbullying, including links to other important teen mental health resources - all of which can be helpful in these uncertain times.

Teen Mental Health – A Guide for Parents

<https://www.mytutor.co.uk/blog/parents/educational-advice/teen-mental-health-a-guide-for-parents/>

German Pen Pals

Year 7 German students have been writing to their new pen pals in Germany this month and are really excited to



hear back from them. This is a great way to explore the German language and make new friends across the world at the same time!

Can you please make sure your child brings a drink to school. They should bring a full bottle which they may refill with water from the cool water dispensers around school.



DATES FOR YOUR DIARY

Friday 27th May – Year 13 Leaver's Assembly
Monday 30th May to Friday 3rd June – Half Term

Windsor student competes in swimming events



A huge congratulations to Elysia in Year 8 who recently competed over two weekends at the regional championships for swimming, and managed to achieve national times in a variety of swimming events.

Elysia has gained British times in the 400m Individual Medley, 200m Individual Medley, 100m Butterfly, 200m Butterfly, 400m Freestyle and 100m Freestyle.

This puts Elysia in the top 24 people in Britain for her age group in these events. Elysia also gained English times for 200m Freestyle and 800m Freestyle for these events.

Elysia will now be invited to compete at the British championships in the summer! It's a fantastic achievement and commitment to performance!

Well done Elysia! We are very proud of you!

The PE Department

Special points of interest:

- **WHSA** – for information about joining, contact Mr Andi Buckley on 0121 550 1452
- **Lost Property** is kept for two weeks. Students are notified of items via the daily message sheet.
- **Uniform:** Sales are now online: <https://www.swischoolwear.co.uk/>

Windsor Dancers Visit Pineapple Studios in London

On Wednesday 11th May, 40 dance students from Years 8,9,10 and 12 spent the day in London, taking part in a dance workshop at the world famous Pineapple Dance Studios.

Whilst there they worked with a member of the cast of the Andrew Lloyd Webber musical, Cinderella. The day was topped off with a visit to the Gillian Lynne Theatre, in London's West End, to watch the fabulous performance of Cinderella.

The students had an amazing day, learning new things, meeting new people and being able to watch a London musical! Below are some of the student's comments –

Izzy, Year 9 'It was great to learn a section of the dance from the actual show'

Lia, Year 9 'The workshop was really fast paced and I thought the teacher was great. I enjoyed listening about her role as swing in the show. I didn't realise that a swing has to learn multiple roles, it sounds fun!'

What an experience the students had!



Rounder's Results Tuesday 17th May

U13

Leasowes 12 ½ - Windsor 25

U15

Windsor Win

Congratulations to the Year 7 & Year 8 girls who played in their first rounders match away at Leasowes this week. A very good team performance.

The Year 9 & Year 10 teams also won as Leasowes were unable to field a team.

Good luck to both teams who play Earls at home on Tuesday 24th May

Mrs Boden, Miss Paskin, Mrs Whitehouse & Mrs Rhooms

Rounder's Fixtures for Year 7-10

Below are a list of fixtures taking place in May and June:

Tues 17th May v Leasowes away

Tues 24th May v Earls home

Thurs 9th June v Pedmore home

Thurs 16th June v Hagley home

Tues 21st June v The Link away



Spanish iPad presentations

Last Friday our Year 7 students created amazing presentations on their iPads. The presentations were about interesting cultural facts of some Spanish speaking countries around the world. Muy bien chicos!



Reminder regarding Activities and Pledge Week

Final payments for Activities and Pledge Week should be paid via Parentmail by 27th May.

Our preferred method of payment is Parentmail however, if you are unable to make payments via Parentmail, please send cash into school in a sealed envelope marked with your child's name, form and the name of the Activity. Envelopes should be handed to Reception. Funds should not be handed to Form Tutors.

Any outstanding consent forms should now be returned. If you have any forms to return please do so.

Students without the required consent forms will be unable to participate in some activities.

If you have any questions about the completion of forms or payments, please contact Mrs Edwards.



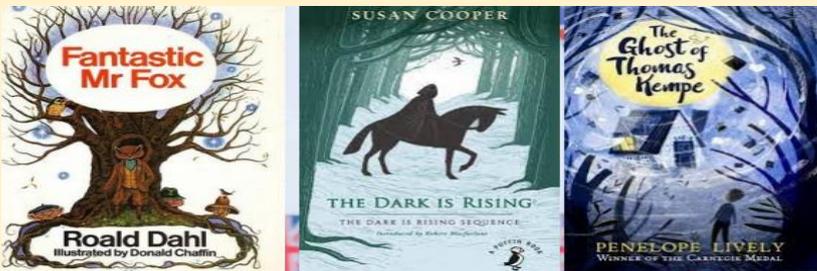
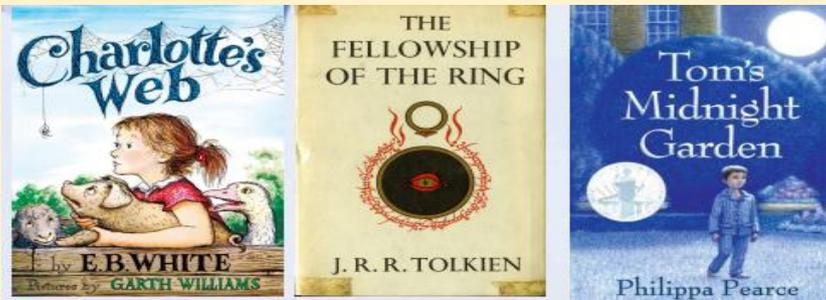


Platinum Jubilee Reading Challenge

In celebration of the Platinum Jubilee, why not have a go at the reading challenge with your family and friends?

Choose six books from across the decades that the Queen has reigned to read and review. Perhaps re-visit some favourites and picture books from your childhood, or find something you haven't read before. For some suggested books from each decade that you could read, or for more information please click the link below:

<https://www.windsorhighschool.org.uk/news-and-events/news-and-blog/platinum-jubilee-reading-challenge/>



Submit your reviews, either on paper or electronically, to Mrs Wood in the Library by Friday 17th June
- awood@windsor.windsoracademytrust.org.uk

Uniform

If you have any school uniform at home that no longer fits your child, but is still in a usable condition can we ask that you consider donating it to the school to help other families who may be struggling. All donated uniform will need to be in a clean condition and should be brought to reception where there will be a collection box.



Spanish Stars of the Week

Year 7 – Lujain S, Lois R, Basam A

Year 8 – Tilly W, Lily B

Year 9 – Kyle W, Hamza S, Sana A, Tristan R

Year 10 – Samir A, Aizah N, Poppy K, Megan B



German Stars of the Week

Year 7 - Summer J, George P

Year 8 – Isobel T, Joe W

Year 9 – Gwen A, Deborah C

Recommended Read

Windsor recognises the importance of reading and to continue to raise the status of reading in school, we have asked staff to share their recommended reads with students and staff. The recommended read for this week is 'The Vanishing Half' by Brit Bennett. The recommendation has been made by Mrs Tinson.

Spanning the 1950s to the 1990s and from the Deep South to California, Bennett's stunning novel follows the journeys of two estranged twin sisters leading very different lives - to the extent of adopting different racial identities.

This is an older read.

