



Key Stage 4 GCSE PE Curriculum Plan

KS4 Curriculum Intent - To develop an understanding of the theoretical and practical components of Physical Education and how they relate to their own and others performances.

Year 10 LTP

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Unit covered	Paper 2 Sports Psychology Practical Sport	Paper 2 Sports Psychology Practical Sport	Paper 2 Health Fitness and Well-being Practical Sport	Paper 2 Health Fitness and Well Being Socio-cultural Influences Use of data Practical Sport	Paper 2 Socio-cultural Influences Use of data Practical Sport Coursework	Paper 2 Socio-cultural Influences Physical training Practical Sport Coursework
Assessment	Short answer question knowledge test	End of unit test short answer 1 x 6 mark extended question	Extended 9 mark question	Test including unit 1 and 2 short answer and extended question 9 mark	All units short answer and extended 6 and 9 mark question	Paper 2 short answer 1 x 6 mark 1 x 9 mark questions
Interleaving	Linking Sports Psychology to Practical Sport -Starters and homework	Linking Sports Psychology to Practical Sport -Starters and homework	Starters/Homework Content from autumn 1-2 and spring 1	Starters/Homework Content from autumn 1-2 and spring 1 -2	Starters/Homework All content covered in preparation for mocks	Starters/Homework All content covered in preparation for mocks



Year 11 LTP

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Unit covered	Physical Fitness Applied anatomy and physiology Practical Sport Coursework	Applied anatomy and physiology Practical Sport Coursework	Applied anatomy and physiology Practical Sport Movement Analysis	Movement analysis Practical Sport	Revision	
Assessment	Short answer question knowledge test.	Paper 2 full paper Adapted paper 1	Paper 1 adapted paper including extended questions	Full exam paper 1 and 2	Practical Moderation Final Exam Paper 1	Final Exams Paper 2
Interleaving	Starters/Homework Paper 2 content and autumn 1	Starters/Homework Paper 2 content and autumn 1-2	Starters/Homework Paper 2 content and paper 1 content autumn term and spring 1	Starters/Homework Content from paper 1 and paper 2	Starters/Homework All content in preparation for exams	